

ATTIVITA' MOTORIE 2026/27

N.L	GIORNO	ORARIO	CORSO	SEDE	OTTOBRE	NOVEMBRE	DICEMBRE	GENNAIO	FEBBRAIO	MARZO	APRILE	MAGGIO
25	LUNEDI	09-10	POSTURALE	BOCC.	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-9-15-22-	5-12-19-26	
25	LUNEDI	10-11	POSTURALE	BOCC.	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-9-15-22-	5-12-19-26	
25	LUNEDI	15-16	GINN. DOLCE	TETTI	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-9-15-22-	5-12-19-26	
25	LUNEDI	16-17	GINN. DOLCE	TETTI	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-9-15-22-	5-12-19-26	
25	LUNEDI	20-21	POSTURALE	BOCC.	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-9-15-22-	5-12-19-26	
25	MARTEDI	9,-10	GINN.DOLCE	BOCC.	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-30	6-13-20-27'	
	MARTEDI	10-11										
16	MARTEDI	10,30-11.30	FITWALKING	PARCO	13-20-27	3-10-17-24	01-15			2-9-16-23-30	6-13-20-27	
25	MARTEDI	11-12	PILATES	BOCC.	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-30	6-13-20-27'	
25	MARTEDI	14,30.15,30	PILATES1	D,MILANI	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-30	6-13-20-27'	
25	MARTEDI	15,40,16,40	PILATES2	D.MILANI	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-30	6-13-20-27'	
20	MARTEDI	20-21	THAICHIDAO	DUCHESSA	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-30	6-13-20-27'	
20	MARTEDI	21,15.22,15	BGRUPPO	DUCHESSA	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-30	6-13-20-27'	
25	MERCOLEDI	9.10	POSTURALE	BOCC.	14-21-28	4-11-18-25	02-09	13-20-27	3-10-17-24	3-10-17-24-31	7-14-21-28	
25	MERCOLEDI	11,30-12,30	YOGA	BOCC.	14-21-28	4-11-18-25	02-09	13-20-27	3-10-17-24	3-10-17-24-31	7-14-21-28	
25	MERCOLEDI	15-16	GINN. DOLCE	BOCC.	14-21-28	4-11-18-25	02-09	13-20-27	3-10-17-24	3-10-17-24-31	7-14-21-28	
25	MERCOLEDI	20-21	POSTURALE	BOCC.	14-21-28	4-11-18-25	02-09	13-20-27	3-10-17-24	3-10-17-24-31	7-14-21-28	
20	MERCOLEDI	21.22,30	B.LISCIO	BOCC.	14-21-28	4-11-18-25	02-09	13-20-27	3-10-17-24	3-10-17-24-31	7-14-21-28	
25	GIOVEDI	09-10	GINN.DOLCE	BOCC.	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
	GIOVEDI	10-11										
25	GIOVEDI	10,30,11,30	GINN.DOLCE	BOCC.	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	GIOVEDI	11,30,12,30	PILATES	BOCC.	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	GIOVEDI	14,30.15,30	PILATES	D.MILANI	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	GIOVEDI	15,40.16,40	PILATES	D.MILANI	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	GIOVEDI	15.16	GINN.DOLCE	TETTI	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	GIOVEDI	16-17	GINN.DOLCE	TETTI	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	VENERDI	09-10	POSTURALE	BOCC.	16-23-30	6-13-20-27	04-11	8-15-22-29-	5-12-19-26	5-12-19-26	2-9-16-23	
25	VENERDI	11,30-12,30	YOGA	BOCC.	16-23-30	6-13-20-27	04-11	8-15-22-29-	5-12-19-26	5-12-19-26	2-9-16-23	
25	VENERDI	15-16	GINN.DOLCE	BOCC.	16-23-30	6-13-20-27	04-11	8-15-22-29-	5-12-19-26	5-12-19-26	2-9-16-23	
10	VENERDI	20,30-21,30	CARAIBICO 1	BOCC.	16-23-30	6-13-20-27	04-11	8-15-22-29-	5-12-19-26	5-12-19-26	2-9-16-23	
10	VENERDI	21,30-22,30	CARAIBICO2	BOCC.	16-23-30	6-13-20-27	04-11	8-15-22-29-	5-12-19-26	5-12-19-26	2-9-16-23	