

ATTIVITA' MOTORIE 2026/27 (AGG.27/08)												
N.L	GIORNO	ORARIO	CORSO	SEDE	OTTOBRE	NOVEMBRE	DICEMBRE	GENNAIO	FEBBRAIO	MARZO	APRILE	MAGGIO
25	LUNEDI	9,00-10,00	POSTURALE	BOCC.	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-8-15-22	5-12-19-26	
25	LUNEDI	10,00-11,00	POSTURALE	BOCC.	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-8-15-22	5-12-19-26	
25	LUNEDI	15,00-16,00	PILATES 1V	BOCC.	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-8-15-22	5-12-19-26	
25	LUNEDI	15,00-16,00	GINN. DOLCE	TETTI	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-8-15-22-	5-12-19-26	
25	LUNEDI	16,00-17,00	GINN. DOLCE	TETTI	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-8-15-22-	5-12-19-26	
25	LUNEDI	16,00-17,00	ZUMBA	BOCC.	12-19-26	2-9-16-23-30	7-14	11-18-25	1-8-15-22	1-8-15-22	5-12-19-26	
25	LUNEDI	20,00-21,00	POSTURALE	BOCC.	12-19-26	2-9-16-23-30	07 -14	11-18-25	1-8-15-22	1-9-15-22-	5-12-19-26	
25	MARTEDI	8,45-9,45	GINN.DOLCE	BOCC.	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-30	6-13-20-27'	
18	MARTEDI	10,30-11,30	FITWALKING	PARCO	13-20-27	3-10-17-24	01-15			2-9-16-23-30	6-13-20-27	
25	MARTEDI	11,00-12,00	PILATES	BOCC.	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-30	6-13-20-27'	
25	MARTEDI	14,30.15,30	PILATES1	BOCC.	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-30	6-13-20-27'	
25	MARTEDI	15,40,16,40	PILATES2	BOCC.	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-30	6-13-20-27'	
20	MARTEDI	20,00-21,00	THAICHIDAO	DUCHESSA	13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-23-		
20	MARTEDI	21,15.22,15	BGRUPPO	DUCHESSA	6-13-20-27	3-10-17-24	01-15	12-19-26	2-9-16-23	2-9-16-		
25	MERCOLEDI	9,00-10,00	POSTURALE	BOCC.	14-21-28	4-11-18-25	02-09	13-20-27	3-10-17-24	3-10-17-24-31	7-14-21-28	
25	MERCOLEDI	11,30-12,30	YOGA	BOCC.	14-21-28	4-11-18-25	02-09	13-20-27	3-10-17-24	3-10-17-24-31	7-14-21-28	
25	MERCOLEDI	15,00-16,00	GINN. DOLCE	BOCC.	14-21-28	4-11-18-25	02-09	13-20-27	3-10-17-24	3-10-17-24-31	7-14-21-28	
25	MERCOLEDI	17,00-18,00	ZUMBA	BOCC.	14-21-28	4-11-18-25	02-09	13-20-27	3-10-17-24	3-10-17-24-31	7-14-21-28	
25	MERCOLEDI	20,00-21,00	POSTURALE	BOCC.	14-21-28	4-11-18-25	02-09	13-20-27	3-10-17-24	3-10-17-24-31	7-14-21-28	
10	MERCOLEDI	21,00-22,00	B.GRUPPO PR	BOCC.	14-21-28	4-11-18-25	02-09					
15	MERCOLEDI	21,00-22,30	B.LISCIO	BOCC.				13-20-27	3-10-17-24	3.10.17	7-14-21	
25	GIOVEDI	09,00-10,00	GINN.DOLCE	BOCC.	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	GIOVEDI	11,30,12,30	PILATES	BOCC.	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	GIOVEDI	14,30.15,30	PILATES	BOCC.	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	GIOVEDI	15,40.16,40	PILATES	BOCC.	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	GIOVEDI	15,00.16,00	GINN.DOLCE	TETTI	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	GIOVEDI	16,00-17,00	GINN.DOLCE	TETTI	15-22-29	5-12-19-26	03-10-17	14-21-28	4-11-18-25	4-11-18-25	1-8-15-22	
25	VENERDI	9,00-10,00	POSTURALE	BOCC.	16-23-30	6-13-20-27	04-11	8-15-22-29-	5-12-19-26	5-12-19-26	2-9-16-23	
25	VENERDI	11,30-12,30	YOGA	BOCC.	16-23-30	6-13-20-27	04-11	8-15-22-29-	5-12-19-26	5-12-19-26	2-9-16-23	
25	VENERDI	15,00-16,00	GINN.DOLCE	BOCC.	16-23-30	6-13-20-27	04-11	8-15-22-29-	5-12-19-26	5-12-19-26	2-9-16-23	
20	VENERDI	20,30-21,30	CARAIBICO 1	BOCC.	9-16-23	6-13-20-27	04-11	8-15-22-29-	5-12-19-26	5-12-19-		
20	VENERDI	21,30-22,30	CARAIBICO2	BOCC.	9-16-23	6-13-20-27	04-11	8-15-22-29-	5-12-19-26	5-12-19-		